

WORKSHOP and **EVENTS**

El Dorado County Employment Resource Center ♦ 3047 Briw Road, Placerville, CA 95667

All of our workshops and events are open to the public and free of charge!



WORK IX PROGRESS

JOB READINESS WORKSHOPS

Job readiness workshops are facilitated by our job search specialists and focus on areas of employment readiness in order to help you feel confident in your search! Topics include:

- * Money Smart: It's never too early or too late to start planning for your future goals. Join us in learning new ways to enhance your financial skills and create pathways to a sustainable future!
- * Resume Writing: Learn current trends in resume writing to create a product that will help you shine.
- * **Math Skills:** Afraid of math? Join us to improve your confidence. This session is a quick review of fractions, decimals, and percentages to take away the fear of those pre-employment tests.
- * How to Get a State Job: Come learn how to navigate the state job application system.
- * Vision Boards: A fun workshop to explore goals; create take home projects to help make the vision a reality.

PUBLIC HEALTH WORKSHOPS

Tips to Help you Quit: Would you like to quit smoking, vaping, or using tobacco products?

*Receive a *free* packet of resources & materials to help you quit * 10 tips to help you quit * *Free* counseling services & texting program * *Free* nicotine patches for qualified participants.

AND

Eat Well, Be Well: *Make your EBT/Cal Fresh last all month * Prepare healthful meals * Plan and shop on a budget * Read labels and learn what they really mean * Talk about, and share, food choices with your peers.

AND

Your Community HUB: Come learn about how working with a Community Health Advocate through The Hub can help you access health tips, find insurance, doctors, dentists, and activities that promote wellness.

<u>DEPARTMENT OF REHABLILITATION ORIENTATION:</u> If you have a disability of any kind that you feel affects your ability to get and/or maintain a job, you may benefit by finding out about the services offered by the Department of Rehabilitation.

<u>EDD VETERAN'S ASSISTANCE REPRESENTATIVE:</u> Learn about available assistance for veterans through California's Employment Development Department. Call Robert Grimes at (916) 774-4070 for an appointment.